

Day Two Agenda

Saturday, April 28, 2018

(session descriptions on following pages)



FRIDAY, APRIL 27TH & SATURDAY, APRIL 28TH, 2018

OVERCOMING OBSTACLES ACHIEVING STABILITY

JUDICIAL COLLEGE EDUCATION & CONFERENCE CENTER • ANNAPOLIS, MD

8:30 a.m. – 9:00 a.m.	REGISTRATION & CONTINENTAL BREAKFAST					
9:00 a.m. - 9:15 a.m.	Welcome - Ed Kilcullen, State Director, Maryland CASA Association					
9:15 a.m. – 10:15 a.m.	Keynote Address - Ericka Alston-Buck					
10:15 a.m. - 10:30 a.m.	MORNING BREAK					
10:30 a.m. – 12:00 p.m.	Session 1 – Morning Breakout					
	Self-Care: What's in your Wellness Toolbox?	Innovative Approaches to Assist Families of Substance Exposed Newborns	The Impact of Trauma on Foster and Adopted Youth	Change your Language, Change their Lives: What You Can Do To Transform the Tomorrows of Our Youth	Identifying Labor Trafficked Youth- and Why Foster Youth are Vulnerable	Understanding Fetal Alcohol Spectrum Disorder & The Family Perspective
12:00 p.m. – 12:45 p.m.	LUNCH					
12:45 p.m. – 2:15 p.m.	Session 2 – Afternoon Breakout					
	CINA Law 201 – Where the Law Meets Reality	Empowering Families in the Treatment of Youth Substance Disorders	Trauma in Young Children: Observing & Intervening to Improve Outcomes	Preventing Adoption Disruption	Stepping out after 'Ready by 21'	Supporting Children with Intellectual & Developmental Disabilities Who Have Experienced Trauma
						Educational Stability for Foster Youth and Every Student Succeeds Act
2:15 p.m. – 2:30 p.m.	AFTERNOON BREAK					
2:30 p.m. – 4:00 p.m.	Session 3 – Afternoon Breakout					
	New State & Federal Laws affecting Children in Need of Assistance (CINA)	Trauma & Addiction in Youth	Poking the Bear: Creating Trauma Informed Environments	Understanding Adverse Childhood Experiences and Supporting Resilience in Children & Youth	The Youths' Perspective: Current and Former Foster Youth Panel	Special Education Rights and Responsibilities
4:00 p.m.	EVALUATIONS & CERTIFICATES - Sign out if CEUs are needed.					

Session descriptions on following pages.

Session Descriptions

1st Session - Morning Breakout

Session: 1st Session - Morning

Title: Self-Care: What's in your Wellness toolbox?

Presenter: *Ericka Alston-Buck, Chief Strategist, EAB Strategy & Impact, Founder of Penn North Kids Safe Zone*

Description: When working with underserved youth in any capacity, we cannot be effective service providers without a strong home and work life balance. This workshop will introduce participants to tools needed to sustain our own mental health and wellbeing to be impactful in the work and services that we provide to vulnerable youth.

Session: 1st Session - Morning

Title: Innovative Approaches to Assist Families of Substance Exposed Newborns

Presenter: *Sara Riker, LCSW-C, Social Work Supervisor, Baltimore County Department of Social Services & Tiffany Brown, LCSW-C, Social Work Supervisor, Baltimore County Department of Social Services*

Description: The incidence of infants born with exposure to substances is increasing in some parts of the state. This workshop will educate participants about neonatal substance exposure, child safety and current trends and challenges in working with Substance Exposed Newborns (SEN) and their families. Presenters will introduce attendees to the Family Recovery Court, an innovative, multi-systemic and family-centered model that promotes family success, reduces foster care placement and improves outcomes for families impacted by neonatal substance exposure. Participants will leave with a better understanding of neonatal substance exposure and how the legal and child welfare systems can better respond to this population.

Session: 1st Session - Morning

Title: The Impact of Trauma on Foster and Adopted Youth

Presenter: *Mr. Sean Delehant, LCPC, Program Director, Center for Adoption Support and Education (C.A.S.E)*

Description: Children who come from adverse beginnings have histories of neglect, abuse and complex trauma. To understand and meet their unique needs, parents must have a special skill set known as "trauma-informed parenting." This workshop provides an overview of the common parenting challenges including attachment, academic difficulties, emotional/social/behavioral issues as well as effective strategies for responding to these challenges.

Session: 1st Session - Morning

Title: Change your Language, Change their Lives: What You Can Do To Transform the Tomorrows of Our Youth

Presenter: *Frank Kros, MSW, JD, President, Transformation Education Institute*

Description: Neuroscience discoveries have revolutionized our understanding of how the brains of our youth learn and grow. In particular, brain research reveals how the specific language used by adults who teach, mentor, counsel and parent youth has a much more profound effect on their development than previously realized. Walk away with a new way of talking to youth that builds resilience, promotes intrinsic motivation, enhances cognitive stimulation and creates kaleidoscope thinkers. What you say matters, more than you ever knew!

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Session: 1st Session - Morning

Title: Identifying Labor Trafficked Youth – and Why Foster Youth are Vulnerable

Presenters: *Alisa Santucci, Principal Associate, Abt Associates & Bukola Oriola, Executive Director, The Enitan Story*

Description: Labor trafficking is often under recognized and under reported. It can and often does overlap with child sexual exploitation and abuse victims may experience labor and sex trafficking simultaneously. In this workshop you will learn about the two main types of labor trafficking exploitation – bonded labor and forced labor as well as learn to recognize the signs of labor trafficking among at-risk youth. Nationally recognized labor trafficking survivor leader and advocate, Bukola Oriola, will co-present this workshop and share her community outreach work to prevent labor trafficking.

Session: 1st Session - Morning

Title: Understanding Fetal Alcohol Spectrum Disorder & The Family Perspective

Presenter: *Janice Goldwater, Executive Director, Adoptions Together; Kathy Shiota, Member, FASD Parents Advocacy and Support, Ralph Hitchens, Member, FASD Parents Advocacy and Support; Cathy Allen, Member, FASD Parents Advocacy and Support; Cynthia Peterman, Member, FASD Parents Advocacy and Support*

Description: As many as 70% of the children in the foster care system are affected by fetal alcohol exposure. Children whose brains were impacted by alcohol in utero challenge families, the school system, social services, employers, and the legal system. Alcohol exposure impairs judgment, decision-making, and cognitive functioning, requiring lifelong supports and interventions. This workshop will introduce families who have raised and continue to support children with FASD, whose stories demonstrate the need for knowledgeable social service providers from childhood through adulthood.

2nd Session - Afternoon Breakout

Session: 2nd Session - Afternoon

Title: CINA LAW 201 – Where the Law Meets Reality

Presenter: *Richard Perry, Esq., CINA Attorney, Maryland Legal Aid Bureau*

Description: The reality of a CINA case can be quite different from theory and the ideal implied by CINA law. This workshop is a fan favorite, and will discuss ways to be on the lookout for practical problems where reality and practice diverge from the ideal, and how advocates and professionals can help the child in these situations.

Session: 2nd Session - Afternoon

Title: Empowering Families in the Treatment of Youth Substance Use Disorders (SUD)

Presenter: *Marc Fishman, MD, Medical Director, Maryland Treatment Centers & Hoa Vo, Ph.D., Clinical Director, Outpatient Youth Services, Mountain Manor Treatment Center*

Description: Opioid addiction and other substance use disorders (SUDs) have devastating consequences for youth and families. But all too often families (including surrogate families) are blocked out of treatment because of limited provider expertise and/or concerns about confidentiality. Additionally, families often struggle to support treatment engagement with youth in the early stages of recovery before they have stabilized. This workshop describes an approach to treatment and recovery for youth SUD that stresses family involvement, taking advantage of the natural strengths that exist within families. Components include open communication and assertive outreach to families, explicit negotiation of role definitions, expectations, and responsibilities, and a focus on family support for adherence to the medication component of treatment.

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Session: 2nd Session - Afternoon

Title: Trauma in Young Children: Observing & Intervening to Improve Outcomes

Presenter: *Jennifer Serico, Ph.D., Psychologist, Center for Child and Family Traumatic Stress at Kennedy Krieger Institute*

Description: This workshop will provide education on the presentation of symptoms and behaviors in children under 6 years-old who have experienced trauma. The presenter will then describe and present appropriate evidence-based, trauma-informed interventions for young children to reduce symptoms and behaviors related to trauma. Outcome research on the presented treatment models will be shared to provide the context for improving outcomes for young children. Case examples will be utilized to help participants understand potential challenges and the important successes in treatment implementation with this population.

Session: 2nd Session - Afternoon

Title: Preventing Adoption Disruption

Presenter: *Janice Goldwater, Executive Director, Adoptions Together*

Description: Children and youth with externalizing behaviors are the most challenging to raise. Children who experienced trauma and joined their families through adoption or kinship care show higher incidences of placement disruption. This workshop identifies the challenges and offers information, guidelines and strategies to keep families committed and enhance stability.

Session: 2nd Session - Afternoon

Title: Stepping Out After “Ready By 21”

Presenter: *Haley Kartey, Transition Coordinator, Prince George’s County Department of Social Services & Loney Nguyen, Independent Living Coordinator, Prince George’s County Department of Social Services*

Description: This workshop will provide the audience with an understanding of the necessary skills that will prepare youth for success after leaving the foster care system. The Ready By 21 services will be discussed, and presenters will provide information about funding offered to youth in care ages 14-20. Participants will also learn about the S.O.A.R session which helps youth process leaving care.

Session: 2nd Session - Afternoon

Title: The Road to Recovery: Supporting Children with Intellectual and Developmental (IDD) Disabilities who have Experienced Trauma

Presenter: *Monte Ephraim, LCSW-C, MESE Training and Consulting*

Description: This workshop will introduce the audience to the behavioral health conditions of children with intellectual/developmental disabilities (IDD), various ways that these children experience trauma and how it impacts them. The importance of trauma-informed care for children with IDD will be discussed and a toolkit will be introduced to help attendees improve their capacity to provide trauma-informed care for children with IDD.

Session: 2nd Session - Afternoon

Title: Educational Stability for Foster Youth and the Every Student Succeeds Act

Presenters: *John McGinnis, State Foster Care Point of Contact, Maryland State Department of Education & Brandi Stocksdales, Director, Placement and Permanency and Child Protective Services, Maryland Department of Human Services*

Description: Prior to the passage of ESSA, 'children awaiting foster care placement' was covered under the McKinney-

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Vento Education Act, which provided educational stability by keeping the child in their school of origin if it was in their best interest. In Maryland, on December 10, 2017, 'awaiting foster care' was removed from federal legislation. Under ESSA, foster children are included in educational stability and each Local Department of Social Services and Local Education Agency developed an MOU to provide the stability every child needs. This workshop will give participants an understanding of the ESSA law as it pertains to foster children and educational stability.

3rd Session - Afternoon Breakout

Session: 3rd Session - Afternoon

Title: New State & Federal Laws affecting Children in Need of Assistance (CINA)

Presenter: *Rachel White, JD, Director of Child Welfare Policy, Advocates for Children and Youth*

Description: This workshop will include a detailed explanation of 2017 and 2018 federal and state laws that affect children involved in CINA. With this knowledge, participants will be armed with tools to effectively advocate for the youth they serve in foster care and will allow family court judges to continue making informed decisions.

Session: 3rd Session - Afternoon

Title: Trauma & Addictions in Youth

Presenter: *Julia Knach, LCPC, LCADC, Mental Health Program Supervisor, Baltimore Child Abuse Center*

Description: Trauma and addictions often occur together, but are treated separately. This process limits the integration of treatment for individuals suffering from both. Youth in urbanized areas experience a higher rate of trauma and addictions. Something as effortless as walking down the street can expose youth to both possibilities. In today's society, it's imperative for a clinician to be aware of addictions and how to treat individuals with this co-occurring disorder.

Session: 3rd Session - Afternoon

Title: Poking the Bear: Creating Trauma-Informed Environments

Presenter: *LaRon Martin, Principal, The Children's Guild & Maxine Williams-Christian, Teacher, The Children's Guild*

Description: Many students enter schools and homes with the latent effects of both known and unknown trauma. Trauma impacts the education process both inside and outside of the classroom, but there is little time given to what educators, advocates and other professionals can do to support students in the school environment that have been through traumatic experiences. In this session, participants will gain an understanding of what trauma is and how it hinders the learning, motivation, and success of all students in the classroom. Attendees will learn strategies to build strong relationships and create a safe space to enable students to learn at high levels, discover the impact trauma has on the brain, and develop strategies to create trauma-informed environments.

Session: 3rd Session - Afternoon

Title: Understanding Adverse Childhood Experiences and Supporting Resilience in Children & Youth

Presenter: *Robin Davenport, Executive Director, CASA of the Mid-Shore; Dorinda Adams, Program Manager, Maryland Department of Human Services; Claudia Remington, Executive Director, State Council on Child Abuse and Neglect*

Description: This session will introduce attendees to the Adverse Childhood Experiences (ACE) Study, one of the largest investigations of childhood abuse and neglect and later-life health and well-being. Attendees will learn about key findings from this longitudinal study that showed the link between adverse childhood

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experiences (ACEs) and risky health behaviors, chronic health conditions, low life potential and early death. Presenters will also discuss strategies to prevent ACEs and to help children and youth who have experienced ACEs to develop the skills that will help them reach their full potential.

Session: 3rd Session - Afternoon

Title: The Youths' Perspective: Current and Former Foster Youth Panel

Presenters: *Current and Former Foster Youth*

Description: Come and hear from a panel of current and former foster youth about their experiences in foster care and the child welfare system, their thoughts on how to improve the foster care system and how their CASA volunteers, social workers, attorneys, and other professionals may better advocate for foster youth.

Session: 3rd Session - Afternoon

Title: Special Education Rights and Responsibilities

Presenters: *Mallory Finn, Esq., Staff Attorney, Project Health (Health, Education, Advocacy and Law) at Kennedy Krieger Institute*

Description: The presenter will provide an overview of special education law and additional protections provided to students under Maryland law. The presenter will also provide an overview of Maryland State Department of Education guidance and technical assistance bulletins and share online special education law resources. Attendees will learn about eligibility criteria, IFSPs and IEPs, transition planning and dispute resolution methods.